

PACIFIC WORLD SCHOOL



Dear Parents

The months of September and October have been a vibrant chapter in the story of our Foundational Stage — a time filled with curiosity, creativity, and joyful learning. Each experience our children have had — from exploring good health and hygiene to celebrating cultural festivals with enthusiasm — reflects the essence of holistic education that Pacific World School strives to nurture.

In these formative years, every story told, every experiment tried, and every smile shared builds not only knowledge but also character and compassion. It fills me with immense pride to see our young learners embodying the values of kindness, curiosity, and confidence, while developing essential life skills that will guide them throughout their journey of learning.

This edition of the newsletter beautifully captures their wonder, their spirit of discovery, and their ability to learn with joy and purpose. I extend heartfelt appreciation to our teachers for their creativity and commitment, and to our parents for their continued trust and partnership. May we continue to celebrate childhood in all its colours — where learning is an adventure and every child shines in their own unique light.

Warm regards,

Ms.Pooja Bose

Principal

Pacific World School

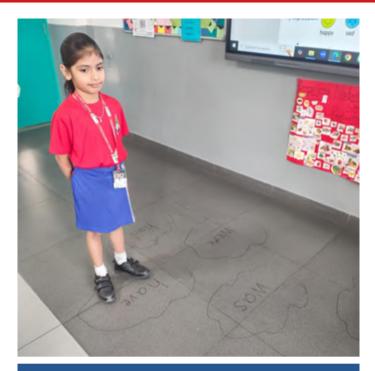
Preface

The Foundational Stage is a world of wonder — a place where curiosity blooms, imagination takes flight, and every experience becomes a step in the lifelong journey of learning. At Pacific World School, we believe that the early years lay the cornerstone for a child's holistic development, shaping not only what they learn but how they learn.

This edition of our Foundational Stage Newsletter captures the joyful spirit of our young learners as they explore, create, and grow through engaging activities, projects, and celebrations. Each story within these pages reflects our commitment to nurturing values, fostering creativity, and inspiring confidence in every child.

We hope this glimpse into their world brings a smile to your face and reaffirms our shared belief — that education in its truest form is an experience of love, laughter, and limitless possibilities.

Happy Reading!

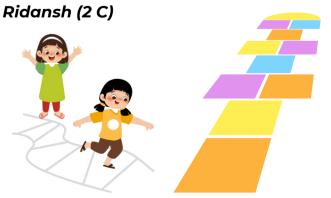


HOPSCOTCH HELPING VERBS ACTIVITY

Grade 2 learners enthusiastically participated in the Hopscotch Helping Verbs activity on 1st September 2025, designed to practice helping verbs: is, am, are, was and were. Students hopped across numbered squares containing verbs and formed simple sentences orally, such as "She is playing" and "They are jumping."

This fun, movement-based activity made grammar practice lively and interactive while strengthening sentence formation skills. It effectively combined physical coordination with language learning, helping students grasp and retain the use of helping verbs in an enjoyable way.

"The activity was amazing. We enjoyed doing it. Thank you ma'am for planning such great activities."



WORLD LITERACY DAY

"Literacy is the bridge from misery to hope."

Grade 2 students participated in an exciting and creative Poster Making activity to celebrate World Literacy Day. Observed annually on 8th September, this day highlights the importance of literacy for individuals, communities, and societies worldwide.

The session began with an informative video and a lively discussion, helping learners understand why literacy matters. Students then used their creativity to design thoughtful and colourful posters reflecting the theme.

It was heart-warming to see their imagination come alive on paper. The activity was both fun and enriching, inspiring children to value the power of reading and learning.

"I liked the activity a lot. I made a colourful poster."

Kavitansh Saxena (2 D)





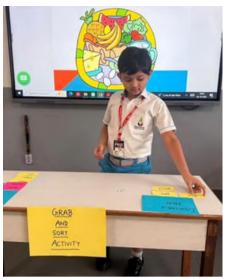




Grab and Sort - Nouns

Grade 2 students enjoyed a funfilled Grab and Sort activity, sorting word cards into countable and uncountable nouns. The classroom buzzed with excitement as they discussed examples like apples and water, turning grammar into a lively, hands-on experience that built teamwork, curiosity, and understanding.

"We learnt in a fun way which things are countable and which things are uncountable." Aavya Srivastava (2 L) "Some things you count, some things you feel—grab a noun and sort the real!"



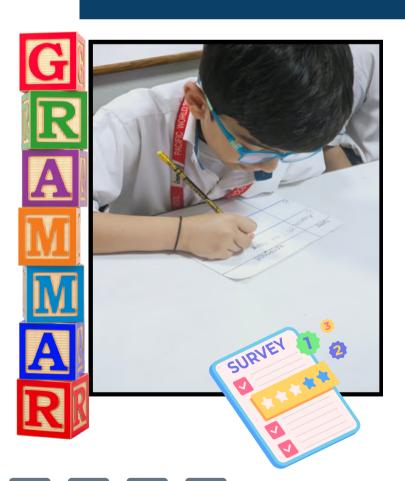


NOUN



CLASSROOM SURVEY

"Learning becomes joyful when words come alive in conversation."



Grade 1 students enthusiastically took part in a lively Classroom Survey Activity. Each child received a sheet with two columns: Name and Response and moved around the class asking simple questions like "Are you happy?" or "Am I your friend?". Their peers replied using is, am, and are such as "Yes, I am happy" or "No, this is not my favourite colour."

The students recorded the responses and later shared their findings with the class. This engaging activity not only strengthened their understanding of is, am, and are but also boosted their confidence in using grammar through real-life conversations.

"A survey is when we ask questions to people and write down their answers to learn what they think or feel." Aayansh Acharya (1 G)



MAGIC-'E'







In our ongoing reading journey, our young learners of UKG were treated to a spellbinding experience as teachers transformed into enchanting magicians to introduce the magical 'e' spelling rule! Dressed in glittering robes and waving wands, the educators captivated the children with a lively performance that blended music, movement, and literacy.

The highlight of the day was a catchy, interactive song that revealed how the silent 'e' at the end of a word changes its vowel sound — turning "cap" into "cape" and "kit" into "kite". With wide-eyed wonder, students sang along, clapped to the rhythm, and watched in awe as words magically transformed before their eyes. "Abracadabra! The magic 'e' makes the vowel say its name!"

This multisensory approach not only made phonics fun but also helped solidify understanding through rhythm and visual cues. The classroom sparkled with excitement, proving once again that learning can be magical when imagination leads the way!

"It was fun to say the magic rule with a magic e wand and read the words."

Kiyansh Singhal (UKG LILY)





MATRA BAZAAR

"सीखना तभी सार्थक होता है, जब बच्चे खेल-खेल में खोजते और अनुभव करते हैं।"

To make learning Hindi vowels and मात्राएँ engaging, Grade 1 students participated in a joyful activity called मात्रा बाज़ार. The classroom transformed into a lively marketplace where children became cheerful shopkeepers and curious customers, exchanging words formed with different मात्राएँ. Each stall displayed colourful flashcards, creative drawings, and word cards. The little shopkeepers confidently explained the words, while their classmates explored the stalls with excitement. This interactive activity deepened their understanding of मात्राएँ and enhanced their communication skills, creativity, and confidence, making learning both fun and meaningful.

"मुझे दुकान बनाना और दोस्तों को शब्द समझाना बहुत अच्छा लगा।"

Aaryav Agarwal (1 K)





NIRMAN STHAL





A Hindi language activity titled "निर्माण स्थल" was organized to help students learn and differentiate between the matras इ, ई, उ, and ऊ. True to its name, meaning "construction site," the classroom turned into a creative space where children built their understanding of matras through drawing, writing, and interactive fun.

The teacher introduced each matra with simple examples like गिलास, सीढ़ी, उल्लू, and ऊन. Students then drew objects featuring these matras, wrote their names on flashcards, and pasted them onto charts labeled with the corresponding matra.

This engaging activity blended creativity with learning, strengthening matra recognition, pronunciation, and writing skills while boosting students' confidence and participation.

"Main sab matra samajh gaya. Mujhe hindi gatividhi karna pasand hai." Kenit Jain (1 L)

DADI MAA KE NUSKHE



Grade 2 students enthusiastically participated in the activity "Dadi Maa Ke Nuskhe", exploring the age-old wisdom of natural remedies. They brought medicinal plants like neem, tulsi, and aloe vera and confidently shared their uses in daily life — from curing coughs and colds to treating skin problems and boosting immunity.

The activity deepened their understanding of the importance of traditional healing practices and highlighted the valuable role plants play in maintaining good health. It was a joyful and insightful experience that beautifully connected classroom learning with real-life knowledge passed down through generations.

"I enjoyed the activity. I spoke about tulsi plant." Aavya Srivastava (2 L)

KATHPUTLI TANTRA

Grade 2 students showcased their creativity in an intra-class competition titled "Kathputli Tantra". Each child presented a puppet from home and enacted a Hindi story with confidence and expression. The lively performances reflected their imagination and storytelling skills as they brought characters to life on stage.

The activity strengthened their speaking and presentation abilities while nurturing artistic flair. It was a joyful and memorable experience that inspired confidence and creativity in every participant.

"I loved how the Kathputli activity brought our imaginations to life! Creating stories with puppets made learning enjoyable"-

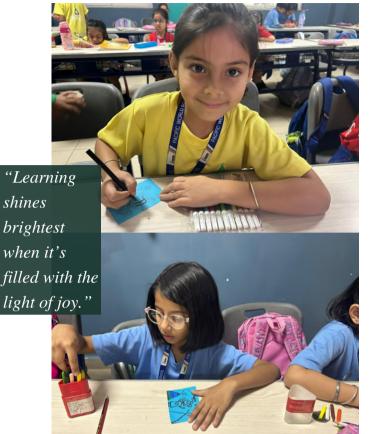








SHABD KHOJ



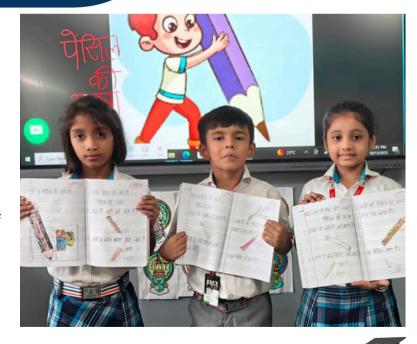
The "शब्द खोज: Diwali Word Fun" activity brought festive joy and learning to Grade 1. Children picked colorful cards with Diwalirelated Hindi words such as दीया. दीपक. मिठाई. पूजा, रंगोली, and पटाखा. Each child read the word aloud with confidence and then drew a beautiful picture on the back to represent it. The classroom buzzed with excitement. laughter, and creativity as students joyfully expressed their ideas through art. Their vibrant creations were proudly displayed on the "Our Diwali Word Collection" board, adding color and festivity to the room. This delightful activity enriched their vocabulary, enhanced reading and pronunciation skills, and helped them experience the true joy and spirit of Diwali through meaningful and engaging learning.

"Hum diwali mein bahot saari cheezein karte hain." Mayra Gupta (1 L)

PENCIL KI YATRA

As part of their Hindi exploration "Pencil Ki Kahani," Grade 2 students participated in an engaging activity titled "Pencil Ki Yatra." This creative session took learners on a fascinating journey of how a pencil is made from a simple wooden log to the writing tool they use every day.

Students enthusiastically illustrated each colouring their drawings step, with creativity and writing short descriptions of the pencil's journey. The activity sparked curiosity, enhanced critical thinking, and encouraged problem-solving and artistic joyful expression. lt was а learning experience that blended knowledge with imagination and fun.



"क्या हमारे मम्मी-पापा के समय में भी ऐसी प्रिंट वाली पेंसिल होती थी?" Pranav Manu Nair (2 🗗



MULTIPLICATION COUNTERS & MULTIPLICATION CITY

"Tell me and I forget. Teach me and I remember. Involve me and I learn."

Grade 2 learners explored the concept of multiplication through two engaging hands-on activities — "Multiplication City" and Grouping with Counters.

In Multiplication City, students designed creative buildings with several floors and windows, using multiplication to find the total number of windows. For instance, 5 floors with 3 windows each helped them discover that $5 \times 3 = 15$. The colourful cityscape made learning vibrant and showed how multiplication applies to real life.

Using colourful counters and a grid box, learners also visualized multiplication as repeated addition by arranging counters in rows and columns. Both activities made math meaningful and fun, helping students understand multiplication as a practical and visual concept.

"We really enjoyed representing multiplication through drawings". Ansh Dixit (2 G)











TIME TABLE TREASURE HUNT

"Without mathematics, there's nothing you can do. Everything around you is mathematics."

Grade 2 students enjoyed an exciting Times Table Treasure Hunt on 24th September 2025, designed to reinforce multiplication through fun and teamwork. Working in groups, they solved question cards and searched for hidden answers around the classroom, racing against time to finish first. The activity not only strengthened multiplication concepts but also fostered collaboration, speed, and problem-solving. The joy on their faces reflected how creative teaching can turn math into an unforgettable learning adventure.

"I like multiplication more now because it was so much fun to find the answers." Arvita Ashi (2F)







MATH IS FUN



The Sorting Basket activity offered Grade 1 students a fun, hands-on way to learn the correct use of this, that, these, and those. Two baskets were labeled "Near" (for this and these) and "Far" (for that and those). Students enthusiastically picked obiects placed around the classroom, identified whether they were near or far, singular or plural, and placed them in the correct basket while framing sentences like "This is a pencil" or "Those are apples." The interactive activity strenathened their understanding distance and number, improved sentence formation skills, and made grammar learning lively and enjoyable.

"Learning while playing was amazing ." Anika Agarwal (1 A)



CREATIVE MINDS STRINGING SHAPES!

"What we learn with pleasure we never forget."

As part of the Math chapter on Shapes and Patterns, Grade 2 students enjoyed a fun-filled Necklace Making Activity that blended creativity with learning. Using colorful beads, mirrors, and ribbons, they designed unique necklaces while exploring patterns, symmetry, and sequencing. The activity enhanced their fine motor skills and understanding of mathematical order, showing that math is not just about numbers but also about finding beauty and patterns in everyday life.

"I am excited to wear the necklace and show it to friends and family." Amyra Rajput (2 C)









KNOW YOUR TELEPHONE NUMBER & ADDRESS

"Home safety start by knowing where you live."

Our Nursery children participated in a fun and meaningful activity — "Know Your Telephone Number and Address." The activity aimed to help our little ones remember their basic personal details, an essential life skill that fosters safety and confidence. Through engaging games, role play, and repetition, children practiced saying their names, parents' names, telephone numbers, and home addresses. Guided with love and encouragement, they enthusiastically shared their details, building memory, communication, and self-awareness. This joyful experience nurtured responsibility and independence in our young learners.

"Hum apne mummy papa se baat kar sakte hain." Neehan (Nursery Purple)





NEIGHBOURHOOD MAP ACTIVITY

Grade 2 students participated in an engaging Neighbourhood Map Activity, mapping their route from home to school and marking key landmarks like parks, hospitals, temples. and shops. Through drawing and coloring, they developed spatial awareness and a better understanding of directions. The activity fun connected classroom learning with real-life experiences, fostering appreciation for their community.

"After doing this activity, now I know all the landmarks." Rakshita Sinha (2 C)





SHADOW PUPPET SHOW

Grade 2 students joyfully explored the world of light and shadows through an exciting Shadow Puppet Show. Using flashlights and а screen. they experimented with objects like animals, toys, and cut-outs guessing and observing the shadows they formed. The activity sparked curiosity, creativity, and teamwork while helping students understand the concept of light and shadow in a fun, hands-on way.

"I learned that a shadow changes its size when I move the puppet near or far from the light." Aaradhya Sharma (2 F)

NOURISH YOUR PLATE ACTIVITY

"Eating healthy today is an investment in a happier tomorrow."

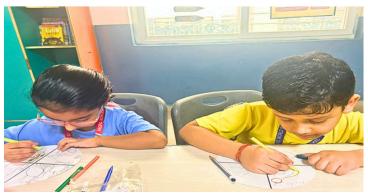


Grade 1 learners enthusiastically participated in the "Nourish Your Plate" activity, designed to build awareness about the importance of a balanced diet. The session began with a discussion on food groups and their role in maintaining good health. Students then illustrated food items from different categories such as dairy, cereals and pulses, fruits and vegetables, and meat and eggs.

With great excitement, they drew milk, rice, beans, apples, carrots, and more, creatively showcasing a balanced meal. The activity enhanced their understanding of nutrition: dairy for strong bones, cereals and pulses for energy, fruits and vegetables for vitamins, and meat and eggs for protein.

By the end, students proudly displayed their colourful plates, promoting the message of healthy eating and mindful food choices.

"We should eat healthy food daily." Ivaan Tyagi (1 F)



DESIGN MY BADGE

"Alone we can do so little; together we can do so much."

Today, Grade 2 learners participated in a fun and creative activity titled "Design My Badge" to celebrate community helpers such as doctors, firefighters, teachers, police officers, and gardeners. Each child received a blank badge and decorated it with symbols or tools like a stethoscope, book, or hose to represent their chosen helper. They coloured their badges beautifully and wrote their names on them.

Students also shared why these helpers are important — keeping us safe, healthy, and happy. Through this engaging activity, children gained a deeper appreciation for the people who make our community a better place.

"My badge has a star because police keep us safe and catch thieves." Yagavi Sharma (2 M)





WHEELS, WAVES & WINGS

Our young innovators from UKG embarked on exciting journey, crafting creative transport models using colorful ice cream sticks. From sturdy buses to soaring airplanes, their imagination knew bounds! The activity sparked creativity while reinforcing concepts water, land, and air transport, enhancing fine motor skills. critical thinking, and teamwork all through joyful, hands-on learning.

"Ma'am I made a car with ice cream sticks. It moves on land."

Dhanak (UKG LOTUS)











MY LITTLE GANESHA

Grade 2 students joyfully celebrated Ganesh Chaturthi with creativity and devotion. They crafted beautiful origami Ganesha faces using colorful paper, enhancing their fine motor while skills expressina reverence. Through this engaging activity, students also learned the symbolic meaning behind Ganesha's features—his big ears teach us to listen carefully, small eyes remind us to focus, his large head symbolizes wisdom, and his tiny mouth inspires

thoughtful aentle and speech. joyful, meaningful The wav. celebration beautifully blended fun, learning. and cultural understanding, helping young learners embrace life values and connect with tradition in a joyful, meaningful way.

"We learnt about the meaning of Ganesh ji's different body parts. It was a nice activity"
Tiara Tomar (2 A)



HAPPY ME "A healthy body means a happy heart!"

HEALTHY ME

Our nursery learners explored how staying healthy keeps us happy and strong. Through fun activities, they practiced good table manners, learned to keep their hair and nails neat, brushed their teeth for bright smiles, and dressed smartly. The week joyfully taught them self-care and hygiene with love and enthusiasm.

"We should trim our nails and hair regularly." Shriyaan (Nursery Blue)



SOAP POWER: THE GERM BUSTER MAGIC!



Nursery students became little scientists in the "Germ Buster Experiment," learning why washing hands is important. Using pepper to represent germs, they observed how soap made the "germs" move away. The fun STEM activity sparked curiosity, taught hygiene, and built early scientific thinking through observation and discovery.

"Ma'am isme bahut maza aaya." Srisha Tiwari (Nursery Pink)











Global Handwashing Day

To promote good hygiene habits, LKG and UKG students celebrated Global Handwashing Day with great enthusiasm. Through the fun "Soap and Pepper" experiment and a lively song-based demonstration, children learned how soap helps chase away germs. They practiced the seven steps of handwashing with excitement, discussed their own habits, and understood how clean hands keep them healthy and happy. The celebration reinforced that clean hands are truly happy hands!











SCRUB LITTLE HANDS, SPREAD BIG SMILES!

MOON PHASE ART



"The moon is a reminder that no matter what phase you are in, you are still whole."

Grade 2 students explored the fascinating phases of the Moon from New Moon to Full Moon through a fun Oreo Biscuit Activity. By shaping the cream to represent each phase and labeling them, learners gained a clear understanding of how the Moon's appearance changes. This creative hands-on task made science learning enjoyable and memorable.

"I learned that the Full Moon is when the cream covers the whole Oreo that was my favourite phase." Amyra (2 C)





SUGAR RUSH ACTIVITY

"Your future depends on your habits today."

Grade 2 students participated in an eye-opening Sugar Rush activity to learn about hidden sugar in everyday foods. Teachers displayed items like chocolates, biscuits, juices, and cold drinks, while students brought their favourite snacks from home. They read nutrition labels, identified sugar content, and weighed the exact amount on a scale to see how much sugar they consumed.

The hands-on experience made them realize the effects of excess sugar. One child exclaimed, "I never knew my juice had so much sugar!" while another promised to eat fewer chocolates. By the end, students understood that white sugar isn't healthy and moderation is key.

"Now I will not eat chips and kurkure. These things have a lot of sugar." Manvik Gupta (2 A)





ASSEMBLIES

"NO ACT OF KINDNESS, NO MATTER HOW SMALL, IS EVER WASTED."



EXTENDING KINDNESS BEYOND HUMANS

Grade 2F and 2M students presented a beautiful assembly on "Extending Kindness Beyond Humans" on 11th September 2025 in the school auditorium. performance The highlighted that kindness goes beyond people and includes animals, birds, and nature. Through poems, songs, and dance, students emphasized caring for plants, feeding strays, and helping injured animals. They reminded everyone that simple acts like offering water to birds or planting trees can make the world a happier place. The assembly inspired all to compassionate and caring toward every living being — a true reminder that kindness knows no boundaries.

"The video showed kids watering plants and feeding animals. I do the same, so I'm kind tool."
Tanjas Singh (2 J)



SWACHH SCHOOL SWACHH MIND

The students of Grade 1G presented an inspiring assembly on the theme "Swachh School. Swachh Mind." beautifully linking it with the Sustainable Development Goals. They emphasized that a clean school leads to a happy and healthy learning environment. Thought of the Day, "Cleanliness outside creates peace inside," and the Word of the Day, Hygiene, reinforced the importance of self-care and responsibility.

A lively Hygiene Jingle and simple Do's and Don'ts encouraged habits like keeping classrooms tidy, saving water, and avoiding littering. The assembly concluded with a collective pledge to maintain cleanliness in both school and mind, with the young speakers' enthusiasm making the message of "Clean School, Bright Mind" truly shine!

"I will always remember that it is our duty to keep our surroundings clean." Aaryav Agarwal (1 K)

"EMOTIONS ARE THE TEACHERS; LEARNING FROM HOW WE FEEL"

Grade 1F presented a vibrant assembly on "Emotions are the Teachers: Learning from How We Feel." It began with a soulful prayer, a thought for the day, and the word of the day "Empathy." Through news reading and a lively classroom enactment, students expressed emotions like happiness, sadness, anger, fear, love, and surprise through dialogues, songs, and dances. The assembly concluded with reflections on emotional lessons and a joyful finale dance, helping children understand emotions, practice empathy, and build confidence and teamwork.

"I really liked the assembly and I can understand my emotions." Aarna Goyal (1 J)









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RANGILO BHARAT: A JOURNEY THROUGH THE STATES- STATE AMBASSADOR ACTIVITY

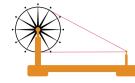
"One nation, many cultures, together we paint the vibrant canvas of India."

Our young explorers celebrated India's rich diversity through the State Ambassador Activity, transforming classrooms into a vibrant mosaic of cultures. Dressed in traditional attire, each child proudly represented a state, sharing its unique traditions, cuisine, and landmarks. From Punjab's colorful phulkari to Kerala's serene charm, the event beautifully showcased unity in diversity. The joy, pride, and curiosity of the students made this celebration a meaningful journey of learning, creativity, and cultural pride beyond classroom.

"India is such a diverse land. Today, I got to know about different states and cultures." Dhwani Vishwakarma (2 D)

GANDHI







The best way to find yourself is to lose yourself in the service of others.

Pacific's young learners celebrated Gandhi Jayanti with creativity and values-based learning. Nursery children listened to stories about Gandhiji, shared healthy snacks, and sang patriotic songs, learning kindness and peace. LKG students crafted the Three Wise Monkeys to understand "See no evil, Hear no evil, Speak no evil," while UKG children took part in a Shramdaan activity, cleaning their surroundings to learn responsibility. Grade 1 students were introduced to the concept of the 3 R's — Reduce, Reuse & Recycle and Grade 2 students followed "Gandhiji's Footsteps" by creating decorated footprints and reflecting on his values of truth, non-violence, simplicity, and equality.

























"Stories have the power to shape hearts, inspire minds, and ignite imagination."

The much-awaited Annual Presentation of Grade 1, Yonder Wonder. A Game of Dice, dazzled the audience with its magical charm. Guided by the whimsical roll of a dice, the young performers brought beloved characters like Cinderella, Moana, Simba, Aladdin, Mirabel, and Ariel to life. Through captivating songs, vibrant costumes, and energetic dances, they beautifully showcased values of kindness, empathy, bravery, and friendship. The grand finale, filled with joy and unity, earned thunderous applause from proud parents—making it a truly memorable celebration of childhood wonder and storytelling.







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DUSSEHRA CELEBRATION



"Goodness always triumphs over evil; let this Dussehra be a reminder to light the lamp of righteousness within us."

From the captivating Ramayan enactment to the lively rhythms of Garba, our little ones celebrated Dussehra with immense joy and creativity. Teachers brought the story of Lord Rama, Sita, Lakshman, Hanuman, and Ravana to life through a spirited enactment, delighting the entire pre-primary. Dressed in vibrant attire, the children filled the atmosphere with festive cheer, their voices echoing with "Jai Shri Ram."

Adding to the excitement, students enthusiastically danced to Garba and expressed their imagination through free-hand drawings of Dussehra characters and scenes. Through these engaging activities, the young learners reflected on the importance of cultivating goodness and letting go of negative habits in their own lives.

"Ma'am Main raam leela dekhne gaya tha waha maine Ram ji aur Ravan ko bhi dekha tha." Priyaansh Yadav (LKG Dove)









Metal Movers



Week Pre-Primary classes (Nursery-UKG)



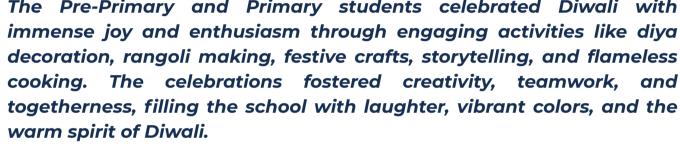






Nursery students celebrated Metal Movers Week with great enthusiasm through a variety of transport-themed activities. They created crafts like cars, boats, and hot air balloons, explored floor games with vehicles, letters, and numbers, and sorted different types of transport. The celebration highlighted the importance of land, water, and air transport while enhancing fine and gross motor skills, critical thinking, and spatial awareness. It was a fun-filled week that sparked creativity, curiosity, and learning about the world around them. Page 22



























HALLOWEEN FESTIVAL















The Halloween celebration of Grade UKG was a spook-tacular success! Little monsters, witches, and superheroes arrived in their creepiest costumes, ready to party. The day was packed with thrilling games, groovy dance moves, and a lively photo session that captured every giggle and growl. Children got crafty with their very own puffy ghost creations, adding a ghostly

charm to the festivities. The tattoo-making station was a huge hit, as tiny arms proudly displayed spooky designs all day long! Laughter echoed through the halls as imagination took center stage. It was a joyful blend of fright and delight, where every child felt celebrated and creatively engaged. Halloween magic truly came alive in every corner of the classroom.















Grade 1 learners enthusiastically participated in the activity "Things That Make Me Clean: My Clean-Up Promise." They brought wrappers of items that help them stay clean, pasted them on chart paper, and shared how each contributes to personal hygiene. The activity fostered awareness about cleanliness, encouraged responsible habits, and enhanced speaking, sharing, and collaboration skills—helping children understand the importance of staying clean and healthy.

"I loved today's activity, I learnt a lot from it. I'll also tell my mom about it." Reham Fatima (1 M)

Sparkle & Shine: Hygiene Heroes of UKG!

The enthusiastic UKG learners participated in Hygiene Week, a fun-filled initiative promoting cleanliness and good health. Through engaging, hands-on activities, children explored essential hygiene habits in playful ways. At the Dental Hygiene Station, they learned proper brushing techniques and the importance of healthy eating. The Personal Hygiene Station emphasized keeping hair, nails, and ears clean, while a lively Handwashing Demonstration taught the correct steps to keep germs away. The week ended with a joyful recap, reinforcing that good hygiene leads to good health and happy smiles!

"I wash my hands after sneezing" Aadhya Singh (UKG Jasmine)









PROJECT BASED LEARNING

STAYING CLEAN, STAYING HEALTHY: MY HEALTH & HYGIENE JOURNEY











The month of October was filled with excitement and learning as our little LKG learners embarked on their Project-Based Learning journey titled "Staying Clean, Staying Healthy: My Health & Hygiene Journey." Through hands-on activities, discussions, and reflections, children discovered the importance of maintaining good health and hygiene.

In Week 1 – Health, they learned about healthy habits through yoga, exercise drills, meditation, and fun food-sorting activities.

Week 2 – Hygiene focused on personal cleanliness, where students created grooming kits, practiced brushing and handwashing, and explored toilet hygiene.

Week 3 – Health & Hygiene Champions, our little ambassadors spread awareness through drawings, a street play, and a cheerful Healthy Message Rally.

The project helped children develop lifelong habits of cleanliness, healthy living, and self-care proudly concluding with the reflection "I can stay clean and healthy every day!" *







"Every morning is a new beginning to connect, reflect, and grow together."

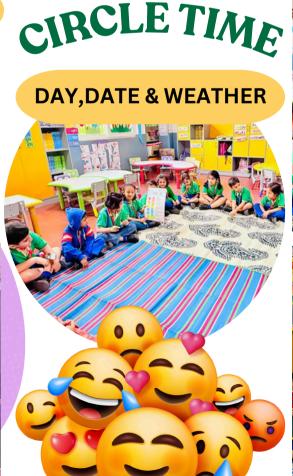




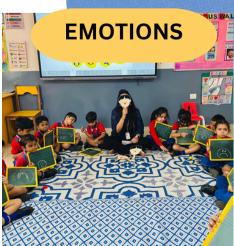
At Pacific World School, Circle Time lies at the heart of our Pre-Primary routine, creating moments of warmth, connection, and joy. Teachers conduct these sessions with care and creativity, using self-affirmations, puppetry, games, and storytelling to provide a positive and engaging start to the day. This nurturing time allows children to share their thoughts, express emotions, and build confidence and empathy. It also gives teachers valuable insights into each child's understanding while fostering a sense of belonging and classroom harmony. Through meaningful conversations and peer appreciation, children strengthen their communication, listening, and socio-emotional skills. For our young learners, Circle Time beautifully supports holistic growth, laying the foundation for lifelong learning and well-being.











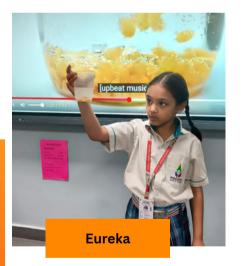
CLUB ACTIVITIES





At Pacific World School, learning extends beyond textbooks through engaging hobby clubs that nurture creativity, confidence, and joy in discovery.

Every Monday, Grade 2 students enthusiastically participate in clubs like Mudra, Zeal, Magical Fingers, Eureka (STEM), Abhivyakti, Little Picasso, Western & Indian Music, Tempo, Life Skills, and Eco Warriors. From exploring dance mudras, musical rhythms, and artistic expression to conducting exciting science experiments, children learn teamwork, discipline, and self-expression. These clubs help every learner uncover hidden talents and make learning a truly joyful journey.







'HOBBIES OPEN THE DOORS TO CREATIVITY, CONFIDENCE, AND JOY – HELPING EVERY CHILD SHINE IN THEIR OWN WAY."









Little hands, Big Responsibilities

KEEP YOURSELF AND SURROUNDINGS CLEAN

Our little LKG Pacificians participated in a fun life skills activity on "Keeping Ourselves and Our Surroundings Clean." Through stories, songs, and hands-on practice, they learned good hygiene habits, made Cleanliness Badges, and understood how small actions keep their environment clean and happy.

"After playing, I always keep my toys back." Anika Goel (LKG Kiwi)





FOLDING UP CLOTHES & TAKING CARE OF BELONGINGS

Our little Nursery learners participated in a fun life skills activity on folding clothes and caring for their belongings. They enthusiastically folded napkins and small clothes, learning the importance of organization and responsibility. The activity fostered confidence, care, and independence in our young learners.

"Today I learnt how to fold clothes." Mishika Gupta (Nursery Blue)

ROAD SAFETY

Our little LKG learners enthusiastically explored Road Safety through fun role plays and demonstrations. Dressed as riders, pedestrians, and traffic lights, they learned key rules like wearing helmets and crossing at zebra crossings. The engaging activity blended joy with responsibility, teaching that safety isn't just a rule, it's a habit!

"Helmet nahi pahente to traffic police uncle chalan kat dete hai aur chott bhi lag jati hai." Aadvik Sharma (LKG Dove)











THE PURPOSE OF LIFE

Students explored emotional well-being and the purpose of life through meaningful activities like Mirror Talk and I Am Special. In Mirror Talk, they practiced affirmations such as "I am brave" and "I am kind," fostering confidence and positivity. Through I Am Special, children expressed their uniqueness and dreams, discovering that their true purpose lies in using their gifts with love, joy, and kindness. These activities nurtured self-awareness, empathy, and a deeper understanding of life's purpose and personal growth.



REGULATING EMOTIONS











"Emotions are like waves; we can't stop them from coming, but we can choose which ones to surf."

Children participated in an engaging activity on regulating emotions, where they shared personal experiences of feelings like happiness, sadness, and anger, and illustrated them through expressive emoji drawings. The fun-filled session helped them recognize, understand, and express their emotions with joy and confidence.







"Well-being is the gentle balance between caring for yourself and sharing your best with the world.' Page 31







Story Time





THROUGH THIS DELIGHTFUL STORY, CHILDREN NOT ONLY LEARNED THE IMPORTANCE OF FOLLOWING TRAFFIC RULES IN DAILY LIFE BUT ALSO DEVELOPED GOOD ROAD SAFETY HABITS.



PETE THE CAT'S TRAIN TRIP
DISCOVERING THE JOY OF JOURNEYS AND
FRIENDSHIP,



मेरा पहला हवाई सफ़र SPARKED THEIR IMAGINATION ABOUT FLYING IN AN AIRPLANE.



CHIKU LEARNS TO WASH HANDS LEARNED THE IMPORTANCE OF CLEANLINESS AND PERSONAL HYGIENE



IMPORTANCE OF DENTAL
HYGIENE
CHILDREN LEARN TO BRUSH
TWICE DAILY FOR HEALTHY,
BRIGHT TEETH.





CREATING A POSITIVE OF HOME ENVIRONMENT FOR CHILDREN



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UNCONDITIONAL LOVE AND SUPPORT

Provide a foundation of love and support for your children, emphasizing that your love is unwavering, regardless of their successes or failures.



Foster open communication by actively listening to your children, encouraging them to express their thoughts and feelings without fear of judgment.



CONSISTENT ROUTINE

Establish a predictable daily routine that includes a balance of activities, such as meals, playtime, homework, and bedtime, promoting stability and security.



Recognize and celebrate your children's achievements, big or small, reinforcing positive behavior and building their self-





BOUNDARIES AND EXPECTATIONS

Set clear and age-appropriate expectations, providing a structured environment that helps children understand limits and promote sense of safety.

QUALITY FAMILY TIME

Dedicate regular time for family activities, fostering strong connections and creating lasting memories that contribute to a positive family culture.

